

Summer 2019 Coaches' Packet



FUN - LEARNING -
CONFIDENCE - CHARACTER

Coach Job Description

General Function

- The coach is the single most important leader for his/her players. The coach will help these players have fun, learn skills, discuss fair play in a meaningful way, and support growth of each player.

Job Segment

- Plan and conduct team practice sessions where you will:
 - Get to know your players personally
 - Help them set goals and work towards these goals
 - Lead discussions by asking questions and introducing problems and situations and then dealing with the solutions as a group.
 - Plan out each practice out – to the minute
 - Review strengths and areas of improvement from last week's game, set goals for next week's game.
 - Teach the skills of your sport, focusing on certain specific skills at each practice
 - Utilize our shared use of the gym – communicate with other coaches about possible scrimmage games.
 - Remember that practice may never be canceled, so if you or an assistant cannot make it, contact a parent, or Foothill Hoops staff as a last resort
 - Enjoy the program and let your players know it! Remember that you are a role model at all times!
- At games, being responsible for:
 - Seeing that players are present and on time
 - Coming to the game with a pre-set lineup that allows everybody to play at least half of the game
 - Utilize the provided time before the game starts to warm-up your players and to discuss strategy for the day's game
 - Limiting mass substitutions (2 or more players) to time outs and quarter breaks.
 - Supporting players and giving them a chance to make decisions and learn for themselves
 - Helping the team learn from the game by pointing out both mistakes and strengths by asking questions and giving suggestions.
 - Creating a snack schedule and allow parents to bring snacks and drinks for after the game
- Ensure a positive attitude towards officials throughout the season by:
 - Working with officials to teach your players the game of basketball
 - Telling your players how important the officials are to every game, and by having discussions about the role of officials
 - Remembering that the officials are there to help (look at them as co-coaches to your team)
 - Allowing officials to at time take complete control of the games and your players
 - Showing patience when officials stop the game to explain a particular rule or concept
 - Showing respect in heated moments by listening and accepting what the official says (even when you are sure he/she is wrong)
 - Remembering that the officials are authority figures and that your attitude and behavior toward them will reflect to your players how you feel authority should be treated (would you want people to argue all of your decisions as a coach?)
 - Thanking the official after the game and congratulating him or her on a job well done.

The End Result

- This job is a "front-line" position. The coach represents basketball to his or her players and their families. A demonstrated belief in the "Hoops" philosophy will ensure a positive, growing experience for all involved.

Fun-Learning-Confidence-Character